

THE
MacLEAN METHOD
of WRITING

By H. B. MacLEAN



AL

PRACTICE

C O M P E N D I U M N U M B E R
For Third-Year Pupils 3
(Grade III.)

Containing Copies for Study, Grade Standard, and Space for
Recording the Pupil's Progress in Handwriting

BC

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NAME OF PUPIL.....

SCHOOL.....

DATE.....

A Letter to You from Mr. MacLean

Provincial Normal School,
Vancouver, B. C.,

September 1, 1932.

Dear Pupil:

You are beginning another year's work. I hope that you will make good progress in writing.

Your writing should be smaller this year. It should also be a little better, and you should be able to write faster. Do all your work neatly.

Your teacher will allow you to use pen and ink if you write well with a pencil. You must sit in a good position, and hold your pen lightly. Your hand should glide smoothly on the finger nails.

Try to win a High Honour Diploma for your class. Your teacher will tell you how to do this. Do your best.

I wish you success.

Yours sincerely,

H.B. MacLean

P.S. Before writing in this Compendium, please study the instructions on page 1. There is an index to this book on page 36.

How To Use This Practice Compendium

- (1) Each line in this Compendium is enough for ONE complete lesson.
- (2) Study the form of the drills, letters, words, and sentences.
- (3) Practise these on extra sheets of paper about five inches wide and eight inches long. One of these sheets is enough for a lesson.
- (4) Place this extra sheet on your open Compendium while you practise.
- (5) Compare what you have written with the forms in this Compendium.
- (6) After you have had this practice, write the lesson as well as you can in this book.
- (7) Try to write each line a little better than the one before, and each page better than the preceding one.
- (8) Keep this Compendium neat and clean.
- (9) Do not be satisfied until you can write as well as the Grade Standard shown on page 34.
- (10) Always sit in good position, hold your pen correctly, and write with freedom. Study the pictures on pages 3 and 4.
- (11) Study and practise quite often the forms of letters and figures shown on page 5.

The pupil should always write on the baseline as follows:

A man can run a race.

DISCARDED

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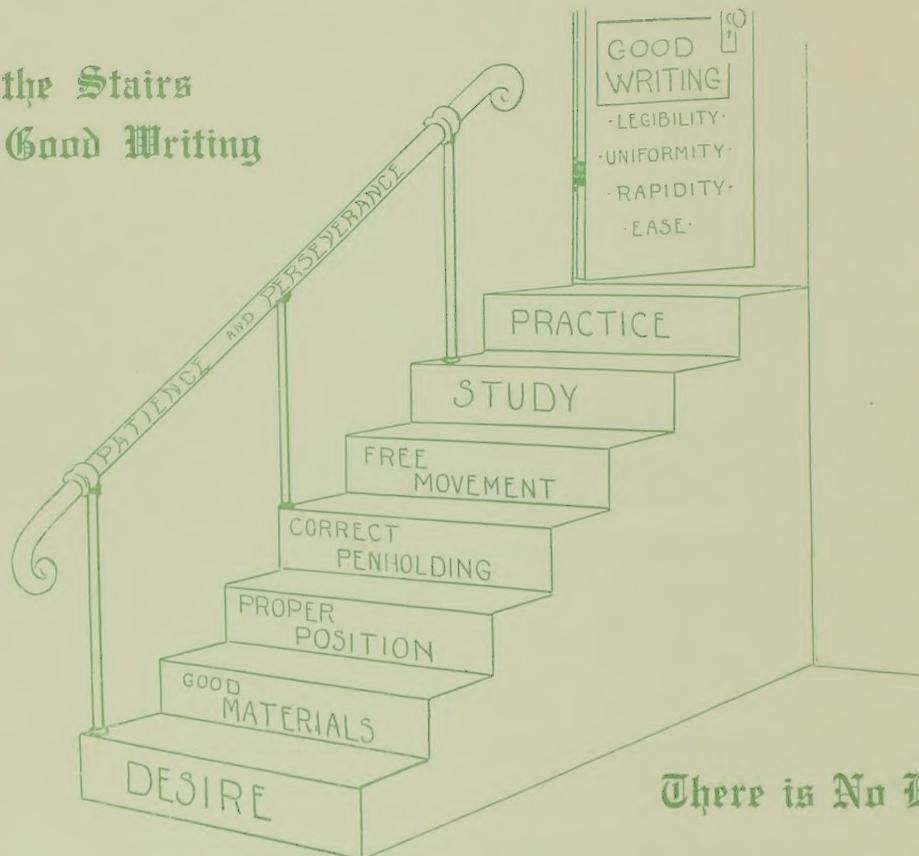
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Climb the Stairs to Good Writing



There is No Elevator

A Good Position for Good Writing and Good Health

STUDY THESE PICTURES



Paper placed on an angle—Pen held lightly—Left hand to hold and move the paper — Back straight—Head up.

Feet flat on the floor—Left foot slightly ahead of the right—Back straight—Head up—Right arm resting on the desk.

Left foot ahead of the right—Back straight—Head up—Left elbow **on** the desk—Body leaning forward.

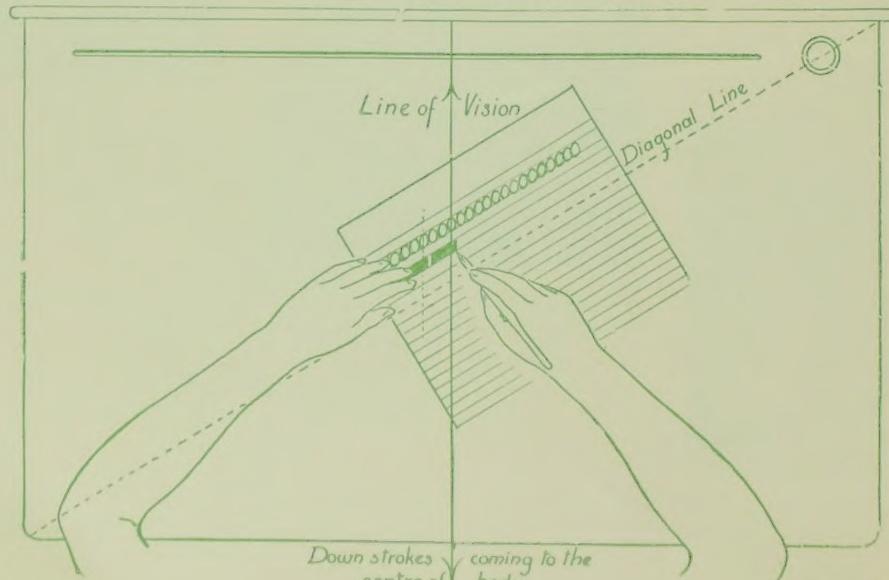
HOW TO HOLD YOUR PEN — STUDY THESE PICTURES

Hold your pen lightly. Curve your fingers. Keep them together. Keep your wrist off the desk. Let your hand glide on the finger nails of the last two fingers.



HOW TO HOLD YOUR PAPER.

Study
this
drawing



Hold
your
paper
and
arms
as
shown

Study the letters, figures, and words on page 5. Write them on your practice paper. Then write what is on page 5 in this space. Sign your name and write the date. Several times during the year write this page again, and compare your writing with this. Near the end of the school year write the same thing on page 7. Compare this with page 6 and see how much your writing has improved during the year.

A SAMPLE OF MY WRITING at the FIRST of the Term.

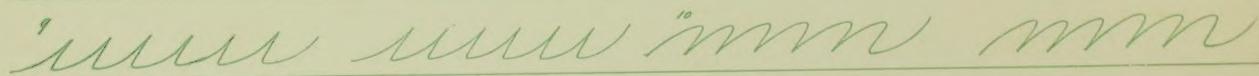
NAME OF PUPIL..... Date.....

A SAMPLE OF MY WRITING at the END of the Term.

(Do not write in this space until you have completed this book. Read the instructions on page 6.)

NAME OF PUPIL Date

Practise these drills on extra paper. When you can do them well, write them in this book.



This exercise will let you practice free-flow writing movement. Glide on the first note
and then the notes

and over the notes

umm ummm ummm umm

This shows you a practice lesson on cursive W. Always make a line or more of each drill.

W W W W W W W W W W W W

W W W W W W W W W W W

W W W W W W W W W W

W W W W W W

We try to write well

See how the **O** slants to the right! Curve the finishing stroke. Count **1, 2.**

oo oo oo oo oo oo

oo oo oo oo oo oo

You are good for -

The small **o** commences with an "overturn" stroke. Make it without a loop. Count **1, 2, 3.**

Commence your lesson with oval drill. Start the **C** with a loop. Count **1, 2.**

oo oo oo oo oo oo

cc cc cc cc cc cc

Commence with oval

Use a "flying downward finish" for **A**. Count **1, 2**. Watch the slant. Sit up straight.

Dd a a a a Aa m

Dd a a a a a a a a m

D m a m n a m u m

See how these letters finish. Notice the spaces between words. Count **3** for small **a**.

Commence **E** with a **dot**. Finish upward. Count **1, 2, 3.** Skate on the finger nails.

oo 88 e e e e

ee ee ee ee ee ee

ee ee ee ee ee ee

P is a "push-and-pull" oval letter. Use a flying start and finish. Count **1, 2, 3.**

B **D** **I** **F** **E** **P** **F** **P** **P** **P** **P** **P** **P**

p **p** **p** **p** **p** **p** **p** **p** **p** **p** **p** **p** **p**

Place **paper** **properly.**

B on a line, as in the P. (not finishes with a dot.) See the centre form. Count 1, 2, 3, dot.

B B B B B B B B

The b is made like this. Just

Please remember not slow

The **R** commences like **P** and **B** but finishes downward. Count 1, 2, 3. Use a free movement.

See the shoulder on small **r**. Make the finishing stroke high. Count **1 and 2, 3.**

The **H** is a "two-story" letter. Make it with eight strokes. Count 1, 2—3, 4. Curve your fingers.

Q Q Q W W W W Wall

With which he his

Weden has a house

The **K** starts very much like the **H**. Finish it downward. Keep your wrist up.

OO II I K K K K K

kick kick kick kick

Keep your mind keen

The T comesness with a straight line, and comes with a dot. Count 1, 2, dot.

Two
T
comes
with
a
dot

Want
to
introduce
to

Take
time
to
show
it

F

T

J

Z

Always write on the baseline.

pump fff off

Form it with care.

The M and N are "spotted" letters. Make them with a free movement. Keep tops rounded.

O o m m M M M M N N N N

m m m m m m m m m m m m

Minnie makes "N"

The I is a "right-oval" letter. It commences with a "flying" stroke and finishes with a "dot."

W w W w W w W w

U u U u U u U u

I i I i I i I i

The J movement is like the I (but thicker, different). See where the lines meet. Notice the arrow.

00// J J J J J June Jim

00// J J J J J June Jim Jim

00// J J J J J June Jim Jim Jim

S and **G** start with an underswing and finish with a **dot** or a **cross stroke**. Practise the drills.

O s i n d r o m e

m u n d r o g y g f o n d

Medium fingerwidth

The small **g** is a “lower-loop” letter. It is made up of **a** and **j**. Count **1, 2, 3** for small **s**.

The **D** contains two double curves. It finishes like **O**. Count **1, 2, 3**.

Oo oo ddd D D D Dad

and add add add dad

Do your very best

The L has two double curves like D but it connects and unites differently. - Count 3.

oo oo L L L L L L

the she she little little

Laura rolls the ball

Put an oval loop on small I and one long oval L. - Count 1, 2, 3. Practice until

Capital **U** has a "loop-start." Finish it below the line with a "flying finish." Count **3**.

oo on it and a dozen

middle of the floor

is undergoing min-

V commences like U but finishes upward. Count 1, 2, 3. Keep the wrist up.

oo v v v v w w w

w w w w w w w

Victoria is very pretty

W is another "looped" cursive. Count 1, 2—3, 4. Pause at the point of the arrow. Sit erect.

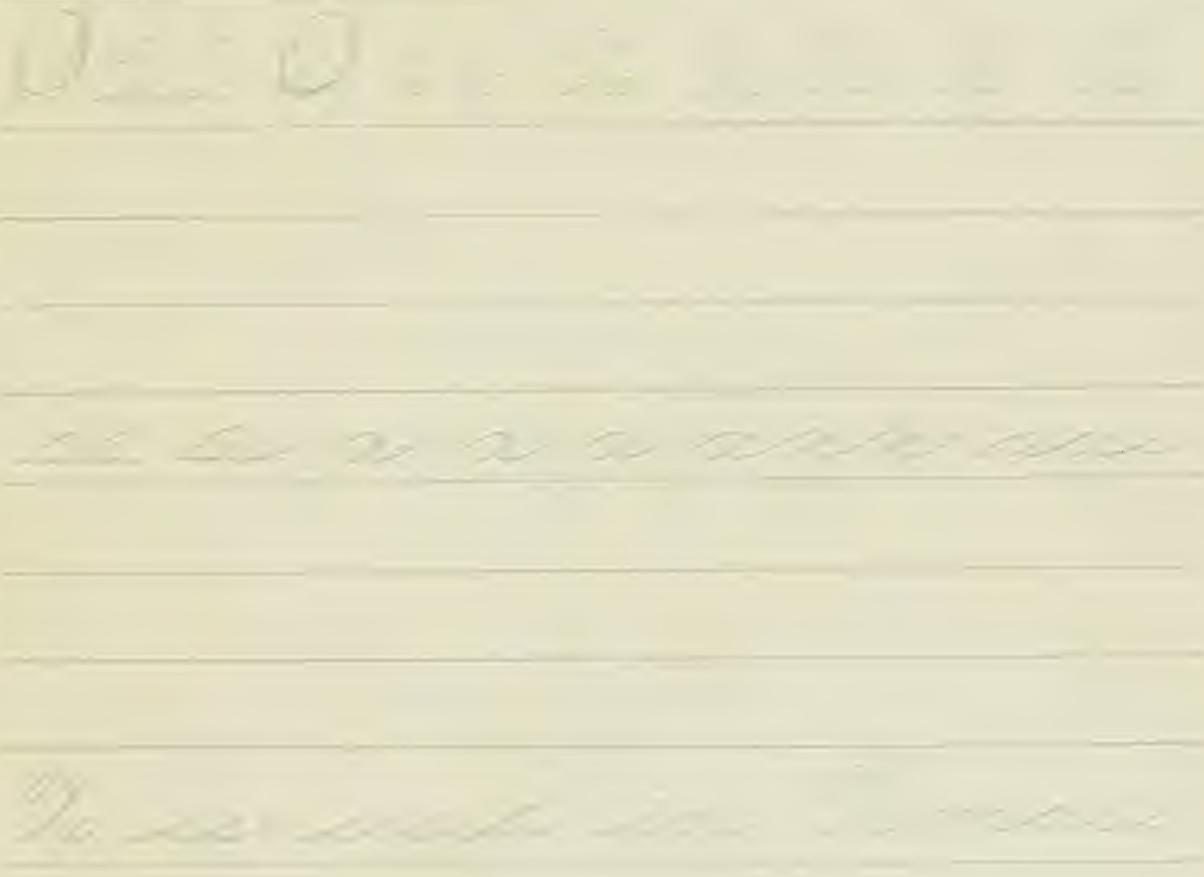
W W W W W W

W W W W W W W W

You wish to write well.

The small w can be like a loop and finished like w. Count 4. Keep pen very upright. Write lightly.

X starts like **H**. Count 1, 2—3, 4. The second part is just a large figure **6**. Do your best.



See the two parts of small **x**. It has an "overturn" start and "underswing" finish.

The **Q** has a “loop-start” and one double curve. Count **3**. It finishes like the **L**.

oo oo oo Q Q Q Quicksand

l q - q a g f q f q u u

Quicksand to see and to do.

The **Y** and **Z** are both "loop-start" capitals. They have lower loops also. Count 3.

O Y Y Y Y Z Z Z Z

y y y y y y y y y y

You must wait you may

The small **y** and small **z** have lower loops too. They commence and finish alike.

SATISFACTORY STANDARD FOR GRADE III.

This is a sample of
Manean Method Writing
I sit in a good position
I use arm movement
I hold my pen lightly

Another Letter From Mr. MacLean.

Dear Pupil:

Another year's work finished! I hope that your teacher is satisfied with your writing. Try to win a High Honour Diploma for your class. Your teacher will explain how you can do this.

Use a free movement in all written work. All the best penmen do that.

Your parents will be proud of you if you learn to write well. So will your teacher. I shall be very proud of you also.

I hope that you will have a very happy time in your holidays. You will receive a new Writing book next term.

Yours sincerely,

H.B. MacLean

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